

DIY STORYTIME

THEME: FOOD

Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you.



READ

[Soul Food Sunday by Winsome Bingham](#)
[Nope. Never. Not for Me! by Samantha Cotterill](#)
[Little Mouse's Big Breakfast by Christine Pym](#)
[Dragons Love Tacos by Adam Rubin](#)
[Bilal Cooks Daal by Aisha Saeed](#)
[The Runaway Garden by Jeffery Schatzer](#)
[A Pizza with Everything on it by Kyle Scheele](#)
[A Busy Creature's Day Eating by Mo Willems](#)
[How do Dinosaurs Eat Their Food? by Jane Yolen](#)

TALK

Try a new food and talk about how it tastes. Do you like it? Would you eat it again?

Talk about the meal that you're making for dinner. Discuss the different foods that you will use.

WRITE

Write (or draw) a grocery list.

Make cookies or pancakes in letter shapes.

Make a chart of family food preferences. List (or draw) family member names and their favorite foods and any dislikes.

SING

Who Likes Ice Cream?

Tune: Do Your Ears Hang Low?

Do you like ice cream?
(hold hands out, palms up)
Do you like it in a bowl?
(use hands to make a bowl shape)
Do you like to eat it fast?
(pretend to hold a spoon and eat fast)
Do you like to eat it slow?
(pretend to eat slow)
Do you like it with some syrup
(pretend to squeeze a bottle)
With some sprinkles or some nuts?
(pretend to shake a jar)
Do you like ice cream?

PLAY

Make "sound soup" by filling a pot with ingredients that all start with the same sound (potatoes, play-doh, princesses, pirates, etc.).

Soak 4-5 lima or black beans overnight. Fill a plastic baggie with 4-5 wet cotton balls. Drop the beans in the bag. Tape the plastic bag up to a window, making sure the top of the bag is sealed shut as well. Check on the bag each day and see how the beans sprout!